

## Did you know that:

- One in 110 children in the U.S. are diagnosed with autism. (1 in 70 U.S. boys)
- Autism affects children of all races and economic levels.
- More than 7,000 San Diego children and families are living with autism and Autism Spectrum Disorders.



Behind the statistics are real **CHILDREN** that need help NOW.



## The MISSING Piece is YOU!

Just by joining us on March 27, you are helping us to create and expand local programs and services in the areas of:

- early detection and interventions
- after school activities
- educational programs and classroom materials
- teacher, parent and caregiver training and workshops
- supports and treatments for every stage of life - from diagnosis to adult transition

## San Diego Race for Autism

5K Run/Walk & 1-Mile Family Walk

Soft Rock  
Kyxy 96.5

Sophie  
@103.7

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AEFCT  
Autism Experts Empowering  
Families & Children Together  
www.aefct.com

NFAR  
NATIONAL FOUNDATION  
FOR AUTISM RESEARCH

www.NFAR.org

## Race for Their Future



# March 27, 2010

## 5K Run/Walk and 1-Mile Family Walk Scenic Balboa Park

Benefitting San Diego children with autism.



Soft Rock  
Kyxy 96.5

Sophie  
@103.7

For more information or to register go to:

www.raceforautism.org

# Race Day Activities

Awards Ceremony, Resource Fair, Children's Activities

- Prizes, courtesy of Roadrunner Sports, to top 3 male and female finishers
- Medals awarded to top male/female per age group
- Informational Resource Fair
- Fun activities for the kids!



## Directions & Parking:

- Race starts and ends at West Gate of Balboa Park located at 6th and laurel. See Park and course map at [www.RaceforAutism.org](http://www.RaceforAutism.org)
- Free parking at lots inside Balboa Park
- Metered street parking outside Balboa Park



6th Annual  
**San Diego  
Race for Autism**  
Saturday March 27, 2010



## 5K Run/Walk and 1 Mile Fun Walk Race & Fee Schedule

Registration	Adults	Children*
Before February 1, 2010	\$20.00	\$10.00
Feb. 1 to March 1, 2010	\$25.00	\$10.00
After Mar. 1, 2010	\$30.00	\$15.00
Race Day	\$35.00	\$20.00

West entrance of Balboa Park at 6th and Laurel. \*12 & under

**Registration opens: 7:00 am • 5K Run begins: 8:00 am  
5K Walk Begins 8:05 am • 1-Mile Family Walk: 8:45 am**

**NOTE: 5K Timed Run participants must be registered by 7:30 am Race Day**

- Colorful Race T-Shirt for all registered participants
- Computerized timing for runners (under 45 minute times)
- Commemorative Medal for 12 years and under

### AVOID THE RUSH

Pick up your Race Bib & T-Shirt  
Saturday, March 20, 10am - 2pm  
Roadrunner Sports



for more information or to register go to:  
**[www.RaceforAutism.org](http://www.RaceforAutism.org)**

# Earn Great Prizes!

In appreciation of your fundraising efforts:



- \$1000** Enjoy two admission tickets to SeaWorld San Diego adventure park. From the captivating Shamu show "Believe" to the upcoming spectacular "Blue Horizons", SeaWorld San Diego offers over 200 acres of world class shows, thrilling rides and unforgettable animal attractions!
- \$500** Heroes Wanted! Come explore LEGOLAND Adventure Park as well as voyage through LEGOLAND's SEA LIFE™ Aquarium with two, 1-day SEA LIFE Hopper tickets. With over 50 super rides, shows and attractions, there's fun for the whole family!
- \$250** Healthy Dining: receive a certificate for dinner for two at Chipotle Mexican Grill. Offering "Food with Integrity," Chipotle uses only natural and organic foods with no artificial colors, flavors or trans-fats.
- \$100** Movie Night! Receive two adult movie tickets and enjoy an evening out

## Team Up!

The best way to enjoy the San Diego Race for Autism is to invite your family, friends and co-workers to run or walk with you. We've made it easy for you to invite others - just go to [www.RaceforAutism.org](http://www.RaceforAutism.org)

